

Title: “From Consumer to Practitioner – Sailing in the Changing Winds”

Presenter: Neti (Ned) Cook

During the times of our forefathers, alcohol was primarily consumed by people with money and status. Alcohol was used by those who can afford it during special occasions to celebrate birthdays, weddings, welcoming or saying goodbye to people among many more reasons.

In this contemporary era, alcohol is now used widely by young and old for various purposes – there has been many changes over the last four decades including the way we view and use alcohol at home and/or in public places. Consequently there are concerns with how alcohol is used by our young people of today.

This documentary is about Neti’s journey from Consumer to Practitioner depicting the contemporary and traditional views regarding alcohol use among Pacific communities within the Pacific and in New Zealand. We will explore alcohol perceptions of “the old versus the new.”

Key questions discussed:

How did I know I had an alcohol problem? How does alcohol caused Problems? How was my family life affected by alcohol? What made me want to get help? How did I do it and was it hard? How can we help those who do not want help? What type of help was available then and now? The final message from the Consumer turned Practitioner.

Neti (Ned) Cook has 14 years experience in working with people with alcohol and other drugs problems including other related issues and/or co-existing disorders.